

Tyler Morning Telegraph

WEEKEND, JULY 20-21, 2024

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Veteran's suicide sparks criticism over VA care



Chris Burroughs holds the bullet that ended his father Dan's life in a suicide on April 29. (Katecey Harrell/Tyler Morning Telegraph)

KATECEY HARRELL
In the four months before his death, veteran Daniel "Dan" Burroughs sought treatment for physical ailments. At the same time, he struggled with declining mental health.



Daniel "Dan" Burroughs

"The difference in him in the way he talked these last few months, the way he walked, the way he looked — he never looked like that," his son Chris Burroughs said. "I'd have to beg him to go outside, to reward himself... It was a struggle to get him to eat, to get him to do anything."
Dan died by suicide on April 29. The week before, Chris took his dad to the Tyler Centennial Veterans Affairs Outpatient Clinic on three occasions. Each time, healthcare workers made unfulfilled promises, he said.
Better healthcare could have saved Dan's life, his family said.



Tyler Centennial VA Clinic is located at 428 Centennial Pkwy. (Raquel Villatoro/Tyler Morning Telegraph)

Frustrations and failures
Nationwide, veterans express concerns regarding the quality of care provided by Department of Veterans Affairs VA facilities. Recent investigations by nationwide nonprofit news outlet ProPublica showed the VA failed to provide adequate treatment for veterans struggling with mental health issues.
Veterans often have to

wait for appointments, but for people like Dan, the need for care is urgent. While they wait, their symptoms may get worse. In addition to his mental battles, Dan was suffering from numbness, constipation and heat sensitivity.
"To a person with a mental illness, two weeks is two years," Chris said. "That's two weeks of pacing. That's two weeks of not sleeping. That's two weeks of him not eating, not going to the

bathroom."
Chris took Dan to the Tyler VA clinic on April 16, two weeks before his death, for a mental health check and bloodwork. Chris said the staff showed little concern. The next day, Dan visited the clinic again before going to a local emergency room, where he was prescribed medication to treat his constipation. He went back to the VA clinic one day later and got normal lab results — and no

further help, Chris said.
On April 22, Chris said he took his dad back to the VA clinic and pleaded with staff for Dan to see a mental health doctor. He said an employee told them there wasn't a doctor available and Dan could see a nurse instead.
"My dad is behind me... and you can see him falling apart. I'm like, 'Dad, we are going to get you in there,'" Chris said.
Still waiting to see a doctor, Dan broke down and shared critical passwords and information with his son, telling him he felt there was no other escape but to end his life. Chris approached the front desk and insisted his dad see a doctor as soon as possible.
A nurse then performed an assessment, and Dan was scheduled for a Zoom call with a psychiatrist that day.
Back in the waiting room, a doctor who'd seen Dan before approached Chris and Dan and asked what was happening. Chris said his dad responded that he wasn't doing well, and the doctor replied, "You should have called me."
VETERAN >> PAGE 2A

TFD installs smoke alarms

South Tyler Rotary, Red Cross partner with department to enhance fire safety

KATECEY HARRELL

The Tyler Fire Department teamed up with the South Tyler Rotary Club, going door-to-door, changing batteries and installing new fire alarms in homes surrounding Caldwell Zoo and Waldert Park to enhance fire safety in the community.

"We'll be walking door to door, installing free smoke detectors for those that need them, and replacing batteries for those that don't," Fire Marshal Joey Hooton said. "Those who are not home, we [have] door hangers. That will give a contact number they can call if they would like one installed at a later date."

The effort began July 12, continued Friday and will continue once more July 28. The department, in partnership with the American Red Cross and the South Tyler Rotary Club, will perform a

FIRE >> PAGE 3A

County takes steps to renew hazard plan

KATECEY HARRELL

Smith County's Hazard Mitigation Plan expired in November 2023, and officials are now working on a new one.

A mid-weather disaster, a recent report from the Texas Tribune highlighted that 100 Texas counties, including Smith County, lack a hazard mitigation plan, cutting off access to non-emergency grants.

Emergency management coordinator Brandon Moore emphasized that the expiration of the current plan does not mean Smith County is without a hazard mitigation plan.

HAZARD >> PAGE 3A

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"So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand." (Isaiah 41:10)

Weather
High 91 Low 73
Partly sunny, nice
See the Tyler-East Texas 3-day forecast on Page 5A.

Stocks
DOW -377.49
NASDAQ -144.28



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Tyler Morning Telegraph

Veteran

From Page 1A
'My dad goes, I did, I called your number. You said you'd always answer, and you didn't answer.'
Chris said. 'Well, there goes his trust.'

Chris again asked clinic staff for his father to be seen, and the doctor promised him an appointment with his doctor that day.
While waiting for Dan's virtual visit, they went outside for some fresh air.

When they returned, a nurse informed them they had missed their appointment because staff had called their name, but she was there.

'We're here for mental health, (if) they don't see you, go look outside. Send an officer. They have a mental health patient here that I can't find.' That should be a priority,' Chris said.

Chris became upset when the nurse informed him his father was considered low-risk, and once again, Chris insisted on seeing a doctor. Eventually, the first doctor who had promised to help came out and assisted Dan in a brief meeting with another doctor, who then prescribed Dan an antidepressant.

He informed the doctor his father had suicidal thoughts and ideation and sought further guidance. The doctor told Dan to wait for the medicine to work but had no additional advice.

According to the National Institute of Mental Health, antidepressants take four to eight weeks before any improvements may be seen. 'They told him [to wait] four to six weeks to see results, and when I told them he won't be in that chair in four to six weeks, they said, 'It is what it is.' Chris said. 'My dad is just defeated.'

Chris isn't the only East Texas Texan concerned about the quality of care offered by the Tyler VA clinic.

Charlie George married a Marine and knows all too well the pain that comes from losing a loved one to suicide. After her husband's death, George dedicated herself to supporting other military families grappling with similar losses - and raising awareness of the mental health struggles veterans face.

Chris said George struggles along with increased market pay to attract prospective providers, Farr said.

Farr said staffing challenges at the clinic are attributed to its rapid growth. 'Moving into this large facility and getting the amount of patients that are coming on has been challenging, and so the adding of those new positions is not because somebody has left. It's adding to what we already have,' Farr said.

In an October interview, Farr said at the time, the clinic had 6.5 providers serving 7,000 veterans, along with two virtual or telehealth providers. He said an ideal provider-to-patient ratio is one full-time provider per 900 to 1,000 patients, with providers seeing eight to 13 patients daily when fully staffed.

In a statement to the Tyler Morning Telegraph in May, Jeffrey Clapper, public affairs officer for the VA North Texas Health Care System, said the Tyler VA has seven Patient Aligned Care Teams (PACT) providing primary care to 8,117 patients.

days without receiving an answer or miss call-backs because they don't answer calls from numbers they don't recognize.
Many older veterans would benefit from receiving appointment reminders in the mail rather than via phone calls, according to George, because they come from a generation less accustomed to using phones.

'These guys are not going to sit there and call all day long, or every day for a week,' George said. 'Those are the ones that I am... hearing all the time I called for a week. I tried to set something up, and they scheduled me two months out, and we can't wait two months.'

Through the VA's community care network, veterans are able to access to health care from providers outside the VA (if the agency can't schedule an appointment for the veteran at a facility within a 30-minute average drive from the patient's home or within the 30 days).

Even in cities with many healthcare options, it can take weeks for veterans to get appointments. When veterans seek care elsewhere, it can add to the delays in treatment, George said.

The Tyler VA clinic also has a hard time retaining doctors, according to George. A veteran told her his doctor left because things were 'chaotic.' Now doctors mean veterans have to tell their whole story again, which can be upsetting for some of them.

'They're different every time,' George said. 'I know that's going to happen on an occasion, but this is a consistent problem that they do not have the same doctor.'

VA Clinic Director Lehebron Farr said in an October interview with the Tyler Morning Telegraph that East Texas has been a challenging area to recruit quality applicants. Doctors leave the Tyler clinic for opportunities in other states. Some come from out of state, work for a couple of years and then decide Tyler's not right for them.

'They leave for areas that are more advantageous to their families,' Farr said. 'It's just something that happens, and people make those moves for their own personal reasons.'

The clinic offers relocation and retention incentives, recruitment awards and educational benefits along with increased market pay to attract prospective providers, Farr said.

Farr said staffing challenges at the clinic are attributed to its rapid growth. 'Moving into this large facility and getting the amount of patients that are coming on has been challenging, and so the adding of those new positions is not because somebody has left. It's adding to what we already have,' Farr said.

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In a statement to the Tyler Morning Telegraph in May, Jeffrey Clapper, public affairs officer for the VA North Texas Health Care System, said the Tyler VA has seven Patient Aligned Care Teams (PACT) providing primary care to 8,117 patients.

These PACT teams include a primary care provider, clinical pharmacist, registered nurse care manager, licensed practical nurse



Chris and his father, Dan Burroughs. (Contributed Photo)

or medical assistant and a clerk. For other services, they can call on social workers and specialists.
To address the increase in demand for care, during the past six months, staffing was increased at the Tyler VA clinic with the hiring of a mental health nurse, a mental health advanced practice registered nurse, a psychiatrist and the addition of two primary care virtual positions.

Chris remembered a phone call when Dan told him he was feeling down about life. Hoping to cheer him up, Chris suggested they build a piling machine stand together - a type of thing they usually liked doing - but his dad didn't seem into it.

'We talked on the phone, and he told me how much he hated it here,' Chris said. 'I really knew something was wrong when he didn't try to help me... There's never been a time where he wouldn't help me.'

Dan was fixated on setbacks in his personal projects, viewing them as failures. His house and workshop were set up, except for the gutters. He had the dirt redone a couple of times but wasn't happy with how it turned out, Chris said.

To most people, it might seem like no big deal - just putting on gutters and letting the grass grow around his new house. But every time he tried to seed it, heavy rains washed away all the dirt work he'd done.

It made him feel like he was falling at everything, Chris said. 'If I had to choose being raised the way I was or the way that a lot of kids are raised nowadays, I would have chosen the way I was raised.'

Dan was a craftsman who built the family's childhood home and personalized his house in East Texas. He built everything with his own 'blood, sweat and tears,' Chris said. His passion for classic cars was matched only by his love for following his son's baseball career.

But Dan was not without his flaws. His meticulous organization and selective nature extended to the people he allowed into his life. Dan quickly removed himself from people's company when someone failed to meet his standards or betrayed his trust.

Chris described his dad as a nice guy, but said he wasn't the type to ask for help. He spent a lot of time by himself and didn't have a social network of friends. If Dan would've had a strong advocate to help him get quality care, navigate the VA system and connect with veteran support groups, he might still be here today, Chris said.

In September 2023, Dan moved to East Texas to be closer to Chris. At first, he stayed with Chris and his wife, Malloy. During that time, Dan pitched in by mowing the lawn and having late-night or early-morning chats over coffee with Malloy. He did whatever he could to lend a hand to his family.

In November, he moved into his own home. He soon started experiencing intense

heart sensitivity and physical symptoms. By February, Chris noticed a decline in his father's mental health.

'He was fine here, happy as can be, helping us with anything without even being told. I didn't even have to ask, and then now, I'd have to beg him to come to his appointment,' Chris recalled.

'Whatever changed in his chemical system - happened at his time of being in that home.'

Chris remembered a primary care doctor when they moved to East Texas in September 2023. Dan wasn't scheduled to see the doctor until May 3. Chris also said he didn't know about community care or other options for his dad.

Personal Struggles

A chief petty officer, Dan once repaired electrical systems on naval ships. He retired with honors to focus on raising his son; he was a single father after his wife died.

'He loved his time in the military,' Chris said. 'That is probably when he was most happy outside of when I was born.'

Dan raised his son with a military-like structure, instilling discipline, responsibility and resilience. 'I never needed anything. I never wanted for anything. It was very strict, but I wouldn't want it any other way.'

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'If my dad was here by himself, in his mental state... Who would have his back?' Chris said. 'I would hate for any veteran to go through this.'

Despite pleading for assistance, Dan was never referred to outside resources.

'I firmly believe that if there was a plan and a light at the end of the tunnel, my dad would be here right now,' Chris said. 'That's the way they're going to go if you give them no way out.'

In a statement to the Tyler Morning Telegraph regarding Dan's suicide, officials with Office of Public and Intergovernmental Affairs for the VA said, 'We are deeply saddened by this news and send our heartfelt condolences to the family and friends impacted.'

Moving forward, Chris said he is becoming an advocate for veterans and aims to raise awareness about veterans' mental health and suicide prevention - an effort that could have made a difference in Dan's story.

'They don't have the tendency to sort through the confusion, and if they don't have a spouse that's going to stand firm and push for him or a mom or somebody that's going to advocate for them, then it's just not going to get done,' George said.

'Chris was trying to advocate but just didn't know the resources.'

Resources to help

Preventing veteran suicide is a goal of numerous organizations throughout East Texas.

Some veteran advocates say veterans aren't aware of the help available to them - or well-meaning people have misinformed them about what help they can and can't access, said Joy Lowe, veteran suicide prevention outreach coordinator for the East Texas Veterans Resource Center.

Since January 2023, under the COMPACT Act, veterans in a suicidal crisis can go to any VA or community healthcare facility to receive free emergency health care, including ambulance transportation costs.

Veterans are also eligible for inpatient or crisis residential care for up to 30 days and outpatient care for up to 90 days, including social work, extensions may be provided if the person remains in an acute suicidal crisis.

The Mobile Crisis Outreach Team from the Andrews Center, a mental health service in Smith County, is available 24/7 to help people in mental health crises. This team of professionals meets with individuals in clinics and the community to provide immediate assistance.

The outreach team helps those who are at risk of harming themselves or others or who are facing severe mental or physical decline, and offers a range of services, including emergency care, inpatient hospitalization, urgent care, crisis follow-up, relapse prevention and connection to community resources. For help, call the crisis hotline at 877-934-2121.

The VA clinic staff basically said, 'It is what it is,' according to Chris, and admitted they didn't know what else to do. They recommended Chris take Dan to the Dallas VA clinic if they weren't happy with the care in Tyler.

By the time the Tyler VA prescribed an antidepressant, Dan felt defeated. Having been promised treatment and support, Dan's trust in the clinic was gone, Chris said.

cific employment programs, disability and VA benefit enrollment assistance and more at the resource center.

'What we're trying to do is to get that information out and let them know that there's a lot more resources,' Lowe said.

Lowe oversees the center's Staff Sergeant Parker Gordon Fox Suicide Prevention Grant Program, which serves veterans in 16 Northeast Texas counties. Veterans can enroll in the therapy program and access VA mental health care even if they don't qualify for any VA care.

It's also open to veterans' family members, although they wouldn't receive care through the VA.

'We don't just help veterans. We help their families as well,' Lowe said. 'The family is going through whatever the veteran's going through.'

Even though resources are available for veterans, many don't take advantage of them, Lowe said. Misinformation can keep veterans from seeking the help they need. In some cases, they've been given incorrect information by friends or fellow veterans, Lowe said.

She recalled an instance where a veteran told her he thought he couldn't seek disability benefits until he turned 65 because a friend told him so.

'That's where we come in,' Lowe said. 'We want to let them know.'

Some veterans might struggle with survivor's guilt that keeps them from seeking help, while others might feel scared or ashamed about talking about their struggles.

'When you're in the military, there's a stigma with having you've been, and who now can help you through that, they're more apt to open up to them because they well, eventually, that's all going to come out somehow.'

Veterans often respond best to other veterans in crisis because they share similar experiences and challenges. This bond can be crucial for effective support during tough times, George said.

'When you have a veteran who's walked it with you, been boots-on-the-ground where you've been, and who now can help you through that, they're more apt to open up to them because they well, eventually, that's all going to come out somehow.'

The East Texas Veterans Resource Center is large, with many members offering their contact information to others in crisis.

Despite misconceptions about the Veterans of Foreign War as a bar scene, the organization strives to offer community service and create a family-friendly environment. Veterans of Foreign Wars Post No. 1798 Chaplain Miller Howk said. People are encouraged to come in and enjoy camaraderie among veterans.

Howk and retired Marine April Scarborough, owner of Starbrite Therapeutic Equestrian Center urge veterans to personally reach out if they need someone who understands and will listen. Howk can be reached at 430-435-4183 and Scarborough at 430-530-8090.

The resource center isn't a counseling service, but it does connect veterans with those entities and people who understand what they're going through, said Lowe, a U.S. Air Force veteran. 'I know what it's like to be in a dark situation and think that there's no way to come out of it,' Lowe said. 'I'm living proof that it's possible to go through something and come out on the other side.'

VETERAN >> PAGE 3A

Tyler Morning Telegraph contact information including address, phone numbers, and website details.

Veteran

From Page 2A
So, a lot of times, it's about making a connection with somebody."

Veterans can use the National Suicide Prevention Lifeline to contact the Veterans Crisis Line by dialing 988 and pressing 1, or dial 2-1-1 to find information about local resources.

Harell can be reached at kharell@tylerpaper.com. Jordan Green, a Report for America Corps member reporting for the Tyler Morning Telegraph and Longview News-Journal, contributed to this story.

RESOURCES

The Mobile Crisis Outreach Team from the Andrews Center is available 24/7. For help, call the crisis hotline at 877-954-2321.

To contact the East Texas Veterans Resource Center, call 903-299-1655 or visit www.helpforvets.com. The resource center is in the Community Connections building at 501 Pine Tree Rd. in Longview and is open Monday through Friday from 8 a.m. to 5 p.m.

By dialing 988 and pressing 1, veterans can use the National Suicide Prevention Lifeline to contact the Veterans Crisis Line or dial 2-1-1 to find information about local resources.

Retired Marine April Scarborough, Starbrite Therapeutic Equestrian Center owner, can be reached at 903-500-4050.

WFW Carl Webb Post No. 1799 Chaplain Mike Howk can be reached at 430-435-4183.

The VA operates the nationwide Veterans Crisis Line, which serves veterans even if they aren't enrolled in VA care. It can be reached by calling 988 and dialing 1. It's also available by texting 838255.

People in immediate danger of self-harm or danger to others should call 911.

Fire

From Page 1A
Smoke Detector Blitz to install about 200 alarms donated by the club.

The initiative is focusing on this neighborhood after a fire in April that left Myntrea Gilstrap, 66, dead. Hooton said the Gilstrap residence didn't have any smoke alarms. The blitz allows for the distribution of alarms to prevent deaths from house fires.

The events mark the third blitz the department has conducted, and the public has responded positively.

"The community has been great. The positive comments and pats on the back, we love it. We love interacting with the community in a positive way," Hooton said. "This is just one way we can get out and talk. If anybody's got questions, we're there."

This initiative is part of prevention, a vital pillar of the fire services. While departments often engage with children through fire safety programs in schools, the blitz allows them to connect directly with parents and adults.

The department aims to outfit as many homes with smoke detectors as possible and answer questions about fire safety.

Tyler resident Timkiss



The Tyler Fire Department went door-to-door, changing batteries and installing new fire alarms in homes surrounding Caldwell Zoo and Wolder Park to enhance fire safety in the community. (Contributed Photo/City of Tyler)

Williams needed an alarm installed in her second-story home, so it worked out perfectly that the department was conducting the door-to-door initiative.

"That's a good thing, especially for the neighborhood," Williams said. "Some people don't have fire alarms, but that will help out a lot. Some people don't have money to education out there and pre-go to the store. There are older people in the neighborhood, and maybe they don't get out to get a fire alarm."

Williams now has peace of mind knowing that her family and her neighbors are safe.

Harell can be reached at kharell@tylerpaper.com.

Hazard

From Page 1A
"Right now, it's in development," Moore said. "These things are very in depth."

Plans have a five-year life cycle. The county needs to update its current plan to begin a new lifecycle. Moore clarified despite the plan being expired, Smith County has still been able to secure grant opportunities for hazard mitigation.

"The hazard mitigation plan is really just a federal document. We use it for grants," Moore said. "The way it works is [if] we identify that we need generators for backup power for shelters, if we have it in our plan and a grant becomes available, then we are eligible to apply."

If it's not in the plan, and a grant becomes available, Smith County isn't eligible to apply. It has little to do with emergency response or recovery from a disaster, Moore said.

The information was obtained from FEMA, but Texas Tribune states "If a county's plan status has changed but it has not yet reported that change to FEMA, it will not be reflected in the data."

The Disaster Mitigation Act of 2000 requires state and local governments develop hazard mitigation plans as a condition for federal disaster grant assistance.

Hazard mitigation planning helps reduce the loss of life and property by lessening the impact of disasters, according to FEMA. It starts with identifying the natural disaster risks and vulnerabilities in the area.

Once these risks are known, long-term and short-term strategies are implemented before, during and after disasters to protect people and property from future events.

Before Moore became the Emergency Management Coordinator in April 2023,

Moore noted both are full-time jobs and said he was not sure how his predecessor managed both responsibilities.

Harell can be reached at kharell@tylerpaper.com.



Crews work to remove a fallen tree in Bergfeld Park in February 2023. (Santana Wood/Tyler Morning Telegraph File Photo)

the role was combined with the Fire Marshal position. Moore noted both are full-time jobs and said he was not sure how his predecessor managed both responsibilities.

From the start, Moore was playing catch-up as the county's Emergency Operations Plan was about to expire. He immediately began work to update it. As the hazard mitigation plan was nearing expiration, Moore had to manage weather disasters that struck the area.

"When I first came on, everything was expiring," Moore said. "It's kind of typical, especially for counties that don't outsource it...With us trying to do it in house, we're trying to save the taxpayers money, but unfortunately, work doesn't stop just for this."

Drafting a plan for a county of similar size would typically cost at least \$100,000. To save money, Moore is collaborating with stakeholders to draft the plan himself. Each incorporated city, school district and emergency service district has a few people to assist with the process.

"Most jurisdictions don't do this because it's a very

tedious, lengthy and in-depth process," Moore said. "But we're going to try."

Moore's full focus on emergency management, stating that once a robust plan is established, one of its elements will ensure it can be continuously updated without expiring. The updated plan will include a focus on vulnerable populations and the incorporation of three new entities.

As part of developing a Hazard Mitigation Plan, the county is seeking community input through a survey covering various topics, including natural disasters and technological incidents. Residents' responses will help identify and prioritize the most significant hazards.

The survey can be found at <https://shorturl.at/aFXpl>.

"By participating, you contribute directly to the strategies we will implement to make Smith County more resilient," Smith County Judge Neal Franklin said. "Let's work together to build a safer, more resilient Smith County."

Harell can be reached at kharell@tylerpaper.com.



Michael Roach



OPEN HOUSE EVENT HELD AT

East Texas Hearing Aids
4411 Old Bullard Rd, Suite 600
Tyler, TX 75703

(Behind Broadway Square Mall, next door to Havertys Furniture)

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For An Appointment Call
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Now is the time to take advantage of new hearing aid benefits available. Also, it is time to use your new 2023 Flex Dollars or spend any rollover Flex Dollars before you lose them. We work with Blue Cross Blue Shield, United Healthcare, Humana and most insurances to get you the most from your hearing health coverage - call us now to let us help get you the most advanced hearing instruments. We are now able to enhance and improve your hearing and understanding considerably more than your current hearing aids. Our latest hearing aids directly connect to your TV and phone. They also have wireless ear to ear technology which makes millions of calculations every second, allowing you to hear and understand in a crowded or noisy environment much better than before. Plus, they are now available in rechargeable, no batteries to buy. After extensive research and negotiations, I have made arrangements with one of the largest manufacturers in the world that will allow patients to get hearing aids at a fraction of retail. I would like to invite you to attend a special event taking place this week only at East Texas Hearing Aids. For this one week only, there will be extra discounts and added incentives on top of already very low hearing aid prices. Here are just a few examples of the ways you can save:

Manufacturer's Suggested Retail Price Ea.		Special 1-Week Event Pricing Ea.	
Good	\$3,295.00	Good	\$999.00
Better	\$4,695.00	Better	\$1,895.00
Best	\$6,695.00	Best	\$3,395.00



I know those prices seem too good to be true, but trust me, they're real. And it gets even better. You see that check below? During this special event, you can redeem that check for a Free Office Visit, Hearing Screening & insurance benefits check. During your visit, you will receive a hearing screening, and if the results show that you are experiencing hearing loss, you can be fitted with the hearing aids of your choice and try them for 30 days. If you don't think they are improving your quality of life, just bring them back. It's that simple. We will work with your insurance to get you the most benefit from your hearing health coverage. Plus financing plans for those without insurance are available with low monthly payment (WAC). I hope you will take advantage of these discounted prices at this special event. If you are interested in attending this event, please make an appointment by calling 903-251-1475. If you are unable to attend, please share this invitation with someone you know who might be looking for help with their hearing loss.

Sincerely,
Michael Roach
Michael Roach, Owner
www.easttxhearingaids.com

Offices to serve you in:
Lufkin, Quitman, Tyler, East Dallas,
Athens, Kaufman, College Station

