

Overview

The Texas Veterans Commission (TVC) has resources available for our service members, veterans, and their families (SMVF) that are dealing with the unique struggles that are due to military service.

The TVC Veterans Mental Health Department (VMHD) provides military trauma-informed training and technical assistance to faith-based and community organizations to create greater awareness of and access to mental health resources.

Additionally, the VMHD provides the training and technical assistance to organizations spanning the Texas Criminal Justice System in an effort to improve diversion and mental health treatment options for justice involved veterans who have suffered military-related traumas.

**ALL TRAININGS
LISTED IN THIS PAMPHLET
ARE AVAILABLE AT NO COST**

For a schedule of upcoming trainings, visit
www.milvetpeer.net



**TEXAS VETERANS
COMMISSION**

Since 1927, our mission is to advocate for and provide superior service to veterans that will significantly improve the quality of life for all Texas veterans, their families, and survivors.

Find out what TVC can do for you!

CONTACT AND FOLLOW US...



1-800-252-VETS (8387)



info@tvc.texas.gov



www.tvc.texas.gov



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veterans.portal.texas.gov



[youtube.com/user/txveteranscommission](https://www.youtube.com/user/txveteranscommission)



**TEXAS VETERANS
COMMISSION**

Helping Veterans Starts Here

For more information or to schedule a training:

Veterans Mental Health Department

vmhp@tvc.texas.gov

512-463-6091

Military Informed Care (MIC) Training

Training for licensed Mental Health providers to learn more about working with service members, veterans, and their families (SMVF).

8-hour training
8 Continuing Education Units

Course Topics:

- Military Culture
- Family Dynamics
- Military-related Traumas
- Treatment Options

Military Veteran Peer Network (MVPN) Training

Peer support training providing awareness of the challenges facing and impacting SMVF. *8-hour training*

Course Topics:

- Suicide Awareness
- Active Listening
- Cultural Competency
- Peer Support Opportunities
- Peer Ethics
- Depression Awareness
- Addictive Behaviors
- Stress & Stress Management
- SMART - a Change Tool

Texas Commission on Law Enforcement (TCOLE) Course 4067 *De-Escalation of Trauma-Affected Veterans*

Training for TCOLE Certified Personnel.

3-day training
24 Continuing Education Units

Course Topics:

- Military Culture
- Military-related Traumas
- Department of Veteran Affairs (VA) General Information
- De-escalation Techniques
- Triggering Behavior
- Police and Military Similarities
- Law Enforcement Traumas
- Scenario-based Instruction

Community Partner Training

Training for community and faith-based organizations to become involved in effective service to SMVF by helping them recognize, understand, and appreciate:

2-hour training

- Military Culture and Experience
- Life of Service Members, Veterans, and their Families (SMVF)
- Invisible Wounds such as PTSD, Moral Injury, and Suicide
- Access to effective resources

Veteran Treatment Court Training

Training for those wanting to learn about Veteran Treatment Courts and how they can benefit your community including:

16-hour / 2-day training

- Advantages of prison veteran's dorms and programs in the jail system
- Creating and supervising treatment plans
- Causes of veterans' behavior and substance abuse

CALM - Counseling Access to Lethal Means

Training for those wanting to learn how to determine if a person is at risk for suicide.

3-hour training
3 Continuing Education Units

Course Topics:

- Identify people who could benefit from lethal-means counseling
- Ask about access to lethal methods
- Work with them and their families to reduce access.

ALL TRAININGS AVAILABLE AT NO COST